More Details: Moving to Seattle, I felt somewhat disconnected with the city and culture of the area, stuck within my room for hours on end. As such, I joined AED to gain exposure to my pre med peers on campus as well as engage in medical volunteering for disadvantaged Seattle community members. Working in Blood Drives, putting together medical packs, and speaking with both community organizers and health professionals, I gained insights into the reality behind working in medical care. Later on, I had to pull back from weekly meetings and just continue with volunteering. Still, it was an amazing experience especially in the context of the COVID 19 pandemic with limited interactions outside of my dorm.